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Evrydiki Kravvariti received her Medical Diploma and Master's Degree in Biostatistics from the Medical School of the National and Kapodistrian University of Athens (NKUA), Internal Medicine specialty training and US board certification from the Albert Einstein College of Medicine, NY (Jacobi and Weiler Campuses), and a subspecialty in Geriatrics from New York University, NY (Bellevue, NYU Langone, and Manhattan VA campuses). In 2016, she completed her doctoral dissertation in the 1st Department of Propaedeutic and Internal Medicine of the NKUA, where she has since been serving as an Academic Scholar and special scientific personell for research, teaching, and clinical work. Since 2018, she has focused on the creation and coordination of the Postgraduate Medical Studies Program "Physiology of Aging and Geriatric Syndromes", directed by Professor Petros Sfikakis. Since March 2023, she is in charge of the Geriatric Outpatient Clinic of the 1st Department of Propaedeutic and Internal Medicine at "Laikon" General Hospital, which is the first of its kind within the public healthcare system in Greece, and focuses in the timely identification and management of complex geriatric syndromes. Her academic work includes editing two popular medicine books and authorship of several geriatric chapters in university textbooks, as well as numerous research publications and reviews for accredited medical journals. Her research interests include atherosclerosis, geriatric frailty, polypharmacy, and psychological aspects of medical therapeutics.